

CATHOLIC PRAYERS

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen

Our Father

Our Father,
Who art in heaven,
hallowed be Thy name.
Thy kingdom come,
Thy will be done, on earth as it is
in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass
against us,
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is
with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy
womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Act of Contrition

My God, I am sorry for my sins
with all my heart. In choosing to
do wrong and failing to do good, I
have sinned against you whom I
should love above all things. I
firmly intend, with your help, to do
penance, to sin no more, and to
avoid whatever leads me to sin.
Our Savior Jesus Christ suffered
and died for us. In his name, my
God, have mercy.

The Nicene Creed

I believe in one God, the Father
almighty, maker of heaven and
earth, of all things visible and
invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten,
not made, consubstantial with the
Father; through him all things
were made. For us men and for
our salvation he came down from
heaven, and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man. For our sake he
was crucified under Pontius
Pilate, he suffered death and was
buried, and rose again on the third
day in accordance with the
Scriptures. He ascended into
heaven and is seated at the right
hand of the Father. He will come

CATHOLIC PRAYERS

again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen

Hail Holy Queen

Hail, Holy Queen, Mother of mercy,
our life, our sweetness and our hope.

To thee do we cry,
poor banished children of Eve:
to thee do we send up our sighs,
mourning and weeping in this valley of tears.

Turn then, most gracious advocate,
thine eyes of mercy toward us,
and after this our exile,
show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary!

Pray for us, O holy Mother of God,

that we may be made worthy of the promises of Christ. Amen.

Anima Christi

Soul of Christ, sanctify me,
Body of Christ, save me,
Blood of Christ, inebriate me,
Water from the side of Christ,
wash me,
Passion of Christ, strengthen me,
O good Jesus, hear me.
Hide me within your wounds,
keep me close to you,
defend me from the evil enemy,
call me at the hour of my death,
and bid me to come to you,
to praise you with your saints,
forever and ever. Amen.

Memorare

Remember, O most gracious Virgin Mary,
that never was it known
that any one who fled to thy
protection,
implored thy help,
or sought thy intercession,
was left unaided.
Inspired by this confidence,
We fly unto thee,
O Virgin of virgins my Mother;
to thee do we come, before thee
we stand,
sinful and sorrowful,
O Mother of the Word Incarnate,
despise not our petitions,
but in thy mercy hear and answer
them. Amen.

CATHOLIC PRAYERS

The Angelus

The Angel of the Lord declared
unto Mary.

*And she conceived by the Holy
Spirit.*

Hail Mary, full of grace...

Behold the handmaid of the Lord.

*Be it done unto me according to
thy word.*

Hail Mary, full of grace...

And the Word was made Flesh.

And dwelt among us.

Hail Mary, full of grace...

Pray for us, O Holy Mother of
God,

*that we may be made worthy of
the promises of Christ.*

Let us pray. Pour forth, we
beseech thee, O Lord, thy grace
into our hearts, that we, to whom
the Incarnation of Christ, thy son,
was made known by the message
of an angel, may by his passion
and cross be brought to the glory
of his resurrection, through the
same Christ our Lord. Amen.

Saint Michael Prayer

Saint Michael the Archangel,
defend us in battle.

Be our protection against
the wickedness and snares of the
devil.

May God rebuke him, we humbly
pray,
and do thou, O Prince of the
heavenly host,
by the power of God,
cast into hell Satan and all the evil
spirits
who prowl throughout the world
seeking the ruin of souls. Amen.

Morning Offering

Dear Lord, I do not know what will
happen to me today — I only
know that nothing will happen that
was not foreseen by you and
directed to my greater good from
all eternity. I adore your holy and
unfathomable plans, and submit
to them with all my heart for love
of you, the pope, and the
Immaculate Heart of Mary. Amen.

Guardian Angel Prayer

Angel of God, my guardian dear,
to whom God's love commits me
here, ever this day be at my side,
to light and guard, to rule and
guide. Amen.

Prayer of Surrender

Lord Jesus Christ, take all my
freedom, my understanding, and
my will. All that I have and cherish
you have given to me. I surrender
it all to be guided by your will.
Your love and your grace are
wealth enough for me. Give me
these, Lord Jesus, and I ask for
nothing more. Amen.

CATHOLIC PRAYERS

Grace Before Meals

Bless us, O Lord, and these thy gifts, which we are about to receive, from thy bounty, through Christ our Lord. Amen.

Grace After Meals

We give thee thanks for all thy benefits, O Almighty God, who

lives and reigns, world without end. Amen.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.